

## APPLICATION FORM

Date (dd/mm/yy) \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Postal Code \_\_\_\_\_

Phone # \_\_\_\_\_

Birth Date (dd/mm/yy) \_\_\_\_\_

Parent's Name(s) \_\_\_\_\_

Team \_\_\_\_\_

Tier \_\_\_\_\_

Email \_\_\_\_\_

Jersey Sizes - Mens  S  M  L  XL  XXL

**Check One:**  **Regular Session:** \$375 (plus GST)

**Advanced Session:** \$425 (plus GST)

**Advance Pro Session:** \$475 (plus GST)

Send cheque for payment in full to Goal Tec,  
400 Duchess Street, Saskatoon, SK, S7K 0R1

To register by phone, call 1-800-286-9003  
with a valid credit card.

All Schools are July 27th - 31st, 2009  
at the Jemini Arena, Saskatoon from **9:00am - 5:00pm.**

**Elite Program:** \$525/week (plus GST)

**Check One:**

**August 3-7**  **August 10-14**  **August 17-21**

at the Goal Tec Goalie Shop

**WAIVER** - This applicant and his or her parents or guardians agree that Goal Tec Goalie Shoppe and its instructors or directors are not liable for, nor held responsible for, any accident or loss however caused and agrees to release Goal Tec from all claims and damages.

**Regular** - Ages 7-10 yrs **Advanced** - Ages 11-13 yrs

**Advanced Pro** - Ages 13+ yrs **Elite** - Ages 15 yrs and up

Parent's Name \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Date \_\_\_\_\_

## 2009 GOAL TEC UPDATE

If you are a goalie and want the best equipment and/or instruction around, call Goal Tec first! We have 7 professionally taught programs available to suit your level and style of play. We have a top notch facility with real ice and an incredible selection of new goalie equipment that can be properly fitted by our goalie only staff. Learn to play like the Pros with our NEW "Price" Style Program for 2009!

Our reputation speaks for itself: 3 former students signed by the NHL, 26 have played in the WHL, 58 in the SJHL and dozens more in the midget AAA league. Plus, over **75%** of the goalies that made City Wide this year trained at Goal Tec!

Book in for a half hour private lesson and begin YOUR journey to Goaltending Greatness!

Having played this demanding position for 25 years, and instructing for 20 has allowed me to understand what goalies require to play at a high level. Good effort and technique will take you a long way, but having the proper protection, especially at a young age is also very critical.

At Goal Tec, we provide Quality New & Used Equipment that is properly fitted for maximum protection. We carry all major brand names to outfit any sized goalie, playing any style.

We are "Your Goaltending Specialists", so when you want to increase your performance or protection, call Goal Tec. And remember, We care about you, the Goalie."

Owner/Operator • Roydon Gunn

## INSTRUCTORS

We are fortunate to have a quality group of instructors who are committed to improving goaltender performance. All instructors have experience in playing and teaching goaltending. All are familiar with the Goal Tec summer program and are capable of effectively communicating our objectives to young goaltenders.

### 2008 INSTRUCTORS INCLUDED:

Roydon Gunn - New York Islanders

Tynan Smysniuk - Dalmeny Fury

Jeff Bosch - Moose Jaw Warriors

Darcy Kuemper - Red Deer Rebels

Josh Thorimbert - Property of Kamloops Blazers

Thaine Sawchuk - Martensville Midget AA

Eric Mager - Delisle Chiefs Jr. B

Graham Hildebrand - North Battleford Jr. A

(2009 Instructors subject to availability)

## GOAL TEC EQUIPMENT

We carry a full line of Quality New and Used Equipment including: Goal Pads, Gloves, Blockers, Chest Protectors, Pants, Skates, Masks, Sticks, Knee Guards, Neck Guards, Athletic Supporters, and Overdrive Blades.

Check out our website at [www.goaltec.net](http://www.goaltec.net) to view our new equipment lines, order online, or call us at 1-800-286-9003 to order any of these products. We accept Mastercard and Visa for your convenience.

## MASK PAINTING

Want to look like a pro? You can by having your mask professionally painted at Goal Tec. Our painter does exceptional work at affordable prices. For approximately \$325.00 (CDN/ tax included) you can look like Price, Fleury, Luongo & Kipper or the NHL goalie of your choice.

We can also custom paint anything you like. Just send us a picture and description of your choice and within 7 days your mask will be sent back. Book in before the season so you don't miss any games.

We have completed over 100 paint jobs for goalies all over North America with rave reviews. Our price and quality are second to none. Check out our website at [www.goaltec.net](http://www.goaltec.net) for design ideas or call us at 1-800-286-9003 for more details.

## ELITE SUMMER PROGRAM

3 Weeks available: August 3-7, 10-14, 17-21 (2009)  
Cost: \$525 per week (plus GST)

This program has been specially designed for any Top Quality Goaltender that would like to attend a fall Pro, Junior or Midget AAA training camp in Mid-Season Form. Our On-Ice and Off-Ice programs guarantee you will be two or three steps up on other goalies in camp. You only have a short time to make a good impression, therefore taking a few days to hit your groove may be too long. The reality is you may be gone at that time. Get in shape before the camp and witness the positive results.

This program features 10 - 30 minute sessions on ice at Goal Tec plus 5 - 60 minute sessions of dryland with professional trainer Blaine Whyte. "Whitey" will develop your core strength with his goalie specific exercises over the course of the week. This new program is sure to increase your power, quickness and flexibility for playing at optimal levels. Ask Tynan for details.

## EQUIPMENT SELECTION



## DVD PROGRAM

In addition to our highly successful "Art of Goaltending" video, we are pleased to present Volume 2 of the series on DVD. Featuring Atlanta Thrashers signee Michael Garnett and Billy (Pokecheck) Thompson an Ottawa Senators signee. We have developed several new saves that will test your skill level and challenge you to make NHL like saves. Each day the students learn new skills by watching this DVD and then practicing them on ice. We also record their performance for later evaluation and feedback.

*"GUARANTEED TO IMPROVE PERFORMANCE!"*

## GOAL TEC 2009 SERVICES

Private Lessons - \$40

Skate Sharpening - \$5

Mask Painting - \$325

Equipment Repair - varies

## GOAL TEC 2009 PRODUCTS

Overdrives - \$35

Sweetsticks - \$25

Instructional DVDs - \$35

Accessories

Jerseys - \$25

Skate Laces - \$4

Hockey Tape - \$3

Water Bottles - \$5

# GoalTec

*"Your Goaltending Specialists"*

## 2009 Services Include:

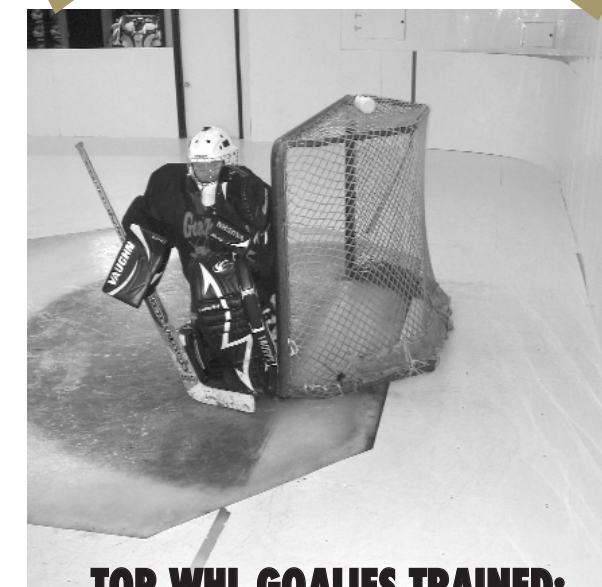
**#1 Goalie Equipment Supplier  
in Saskatchewan!**

**13<sup>+</sup> Year Round Professional  
Goalie School**

**20<sup>+</sup> Anniversary Summer School!**

**Goalie  
Owned**

**Goalie  
Operated**



**TOP WHL GOALIES TRAINED:**

**DUSTIN TOKARSKI - SPOKANE CHIEFS**

**JEFF BOSCH - MOOSE JAW WARRIORS**

**DARCY KUEMPER - RED DEER REBELS**

**JOSH THORIMBERT - PROPERTY OF KAMPLOOPS**

**GRAHAM HILDEBRAND - PROPERTY OF BRANDON**

**400 DUCHESS ST. SASKATOON, SK S7K 0R1  
(306)242-6035 • 1-800-286-9003**

**OWNER/OPERATOR: ROYDON GUNN**

**MANAGER: TYNAN SMYSNIUK**

**WEBSITE: WWW.GOALTEC.NET**

## 2009 SUMMER SCHOOL

### REGULAR SESSION

#### Cost \$375 (plus GST)

Over 10 hours Professional On-Ice instruction with low Instructor/Student ratio - 6:1.  
Student will learn:

- Power Skating, Proper Stance and Lateral Movement
- Pad, Glove, Butterfly, Paddledown Saves
- Rebound Control, Breakaways
- Butterfly Slides

Over 20 hours Off-Ice activities including:

- DVD Feedback-individual analysis
- Report Card- overall skill evaluation
- Soccer, Baseball, and Football
- Each student will also receive a Free Goal Tec Jersey and Group Photo!

### ADVANCED SESSION

#### Cost \$425 (plus GST)

This 5-day session is an opportunity for any goaltender that possesses the necessary skills and attitude. It is for the student who takes goaltending seriously and wants to learn everything needed to know about playing competitive goal. The session will be open only to goalies aged 11-13 years and up that meet the preceding criteria. (Parents may inquire about special exceptions to this age restriction.)

This session, complete with “The Art of Goaltending” instructional DVD, including: Lateral Movement, Power Skating, Short Side Slide, Butterfly Slide, Playing with the Puck, Weight Transfer and skills from our new “Price” Style Programs!

- Lower student/instructor ratio - maximum 5:1 ratio on ice
- Advanced off-ice conditioning - Tretiak Drills
- 14 hours ice time- 1 1/2 hour sessions, extra shots

### ADVANCED PRO SESSION

#### Cost \$475 (plus GST)

This is an invite only camp for Bantam City wide goalies and higher levels of Midget, Junior, College and Pro. This is a 5 day camp for goaltenders who play at an elite level of goaltending.

These sessions include lessons far more advanced than our new Price, Luongo, Fleury, and Kipper style programs. The goalies will work on situational saves and combination situational movement skills.

This camp will challenge your goaltending technique, skill, movement and desire to advance further.

- Only 10 spots available - 5:1 ratio
- 14 hours of ice time

This Program is on the Cutting Edge of Goaltending Development.

### EARLY BIRD DRAW

#### Winner receives:Vaughn Velocity Jr. Glove Set

**\$325 Value! - Mail in your full payment to enter draw.**

**Deadline: May 1st, 2009 Don't miss out! *Wow!***

### FREE INTRODUCTORY LESSON

#### TRY BEFORE YOU BUY!

Try our facilities and decide if Private Lessons are for you. 7 lesson packages available for all skill levels, including our New “Price” Style Program.

### BRONZE & SILVER LESSONS

The following 3 programs include...

#### \* BONI PUCK SHOOTER

Get Ready to test your skills and Reaction Time  
“Rapid Fire” will get your heart pumping

#### \* “THE ART OF GOALTENDING” INSTRUCTIONAL VIDEO

Students will view Proper GOALtending TEChnique prior to each lesson

#### \* 8 INSTRUCTIONAL DVD SESSIONS

Student receives feedback and analyses after each On Ice Lesson

\*FREE - On Ice Performance DVD, Report Card and GOAL TEC Jersey

**COST: \$325 (PLUS GST)** (Valid for One Year from start date)

*“GUARANTEED TO IMPROVE PERFORMANCE!”*

### BRONZE - BEGINNER LESSONS

This program has been specially designed for the beginner student (ages 8 to 10) to learn the basic techniques of goaltending. These Regular lessons are taught at a rate the student is comfortable with, and reviewing different techniques will be quite common.

#### \* 8 REGULAR LESSONS INCLUDE:

180 shots - 160 from instructor, 20 from Boni Puck Shooter  
30 min - On Ice Instruction with Continuous Positive Feedback  
Over 25 practice drills for Skill Development; plus “Game Time”

#### SPECIFIC SKILL LEARNED EACH LESSON:

- 1) Proper Stance & Lateral Movement (Shuffle, T-Push)
- 2) Left Pad Save & Right pad save
- 3) Butterfly
- 4) Glove & Blocker
- 5) Rebound Control
- 6) Butterfly T-Pushes
- 7) Breakaways
- 8) Last Lesson Review, Skill Level Evaluation

### SILVER - INTERMEDIATE LESSONS

This program has been designed for the goaltender that is beyond beginner training, ages 10 to 12 or has gone through the Bronze Program. These more intermediate lessons are taught at a higher tempo than the Bronze program and require intensity on the part of the student to ensure Optimal Performance.

#### \* 8 REGULAR LESSONS INCLUDE:

200 shots- 160 from instructor, 40 from Boni Puck Shooter  
30 min- On Ice Instruction with Continuous Positive Feedback  
Over 30 practice drills for Skill Development; plus “Game Time”

#### SPECIFIC SKILL LEARNED EACH LESSON:

- 1) Lateral Movement (Shuffle, T-Push), Angles, Positioning
- 2) Left Pad Save, Right Pad Save, & Paddle Down.
- 3) Glove and Blocker Saves
- 4) Butterfly, Butterfly into Paddle Down.
- 5) Butterfly Push
- 6) Butterfly Slides
- 7) Breakaways
- 8) Last Lesson Review, Skill Level Evaluation

### SILVER PLUS - ADVANCED LESSONS

This program has been designed for the goaltender that is between intermediate and advanced training, ages 10 to 13 or has gone through the Silver Program. These intermediate plus lessons are taught at a higher tempo than the Silver program and require intensity on the part of the student to ensure Optimal Performance.

#### \* 8 REGULAR LESSONS INCLUDE:

240 shots- 200 from instructor, 40 from Boni Puck Shooter  
30 min- On Ice Instruction with Continuous Positive Feedback  
Over 35 practice drills for Skill Development; plus “Game Time”

#### SPECIFIC SKILL LEARNED EACH LESSON:

- 1) Angles & Positioning
- 2) Short Side Slide
- 3) Butterfly and Butterfly into Paddle Down
- 4) Butterfly T-push into Left and Right Pad Saves
- 5) Butterfly Pushes
- 6) Butterfly Slides
- 7) Screens and Deflections
- 8) Last Lesson Review, Skill Level Evaluation

## PROFESSIONAL LESSONS

The following 4 programs include

#### \* 8 REGULAR LESSONS INCLUDE:

250 shots- 210 from instructor, 40 from Boni Puck Shooter  
30 min- On Ice Instruction with Continuous Positive Feedback  
Over 50 practice drills for Skill Development; plus “Game Time”

#### \* BONI PUCK SHOOTER

Get Ready to test your skills and Reaction Time  
“Rapid Fire” will get your heart pumping

#### \* 8 REGULAR DVD SESSIONS

Student receives feedback and analyses after each On Ice Lesson

\*FREE - On Ice Performance DVD, Report Card and GOAL TEC Jersey

#### COST: \$325 (PLUS GST)

(Valid for One Full Year from start date)

*“GUARANTEED TO IMPROVE PERFORMANCE!”*

### CAREY PRICE STYLE



This program has been specially designed to train goaltenders at a PRO level, ages 13 and older and wants to learn to play like Carey Price. This program is designed for Dedicated, Motivated Goaltenders Only!

#### SPECIFIC SKILL LEARNED EACH LESSON:

- 1) Butterfly Pushes
- 2) Short Side Slide into butterfly push
- 3) Butterfly T-push into Left and Right Pad Save
- 4) Butterfly Slides
- 5) Screens, Deflections and Rebounds
- 6) Weight Transfer
- 7) Lateral and Forward Butterfly Slide Movement.
- 8) Last Lesson Review, Skill Level Evaluation.

### MARC-ANDRE FLEURY STYLE

This program has been designed for the goaltender that requires PRO training, aged 13 and older and wants to model their play after Marc-Andre Fleury's style. These PRO LESSONS are taught at a high tempo and require intensity, dedication, and motivation on the part of the student to ensure Optimal Performance.

#### SPECIFIC SKILL LEARNED EACH LESSON:

- 1) Butterfly Slide
- 2) Glove & Blocker Side Slides
- 3) Butterfly Slide into Butterfly Push
- 4) Breakaway Dekes into snow angel
- 5) Butterfly into snow angel
- 6) Back side rotation butterfly push
- 7) Back side rotation T-push
- 8) Last Lesson Review, Skill Level Evaluation.

### MIKKA KIPRUSOFF STYLE

This program has been designed for the goaltender that requires PRO training, aged 13 and older and wants to model their play after Mikka Kiprusoff's style. These PRO LESSONS are taught at a high tempo and require intensity, dedication, and motivation on the part of the student to ensure Optimal Performance.

#### SPECIFIC SKILL LEARNED EACH LESSON:

- 1) Lateral and Forward T-Push Movement
- 2) Butterfly T-push into Left and Right Pad Save, Left Pad Save into Left Pad Save/Right Pad Save into Right Pad Save
- 3) Butterfly and Butterfly into Paddle Down, Butterfly Dives
- 4) Butterfly Pushes
- 5) Left Pad Save into Right Pad Save, and Right Pad Save into Left Pad Save.
- 6) Screens, Deflections and Rebounds.
- 7) Slide Recoveries
- 8) Last Lesson Review, Skill Level Evaluation.

### ROBERTO LUONGO STYLE

This program has been designed for the goaltender that requires PRO training, aged 13 and older and wants to model their play after Roberto Luongo's style. These PRO LESSONS are taught at a high tempo and require intensity, dedication, and motivation on the part of the student to ensure Optimal Performance.

#### SPECIFIC SKILL LEARNED EACH LESSON:

- 1) Post T-push out, play rebound
- 2) Post Slide out, play rebound
- 3) Short Side Slide
- 4) Short Side Slide into Butterfly push
- 5) One Timers
- 6) GAF- pad save, butterfly, butterfly push
- 7) Thrasher- standing start & butterfly start
- 8) Last Lesson Review, Skill Level Evaluation.

